



Dr Natalia Novikova

MBChB & PhD(Ukr) . MRCOG(UK) . MMed & FRANZCOG(Aus)



SYNOPSIS

I am an Obstetrician and Gynaecologist with special interests in minimally invasive surgery. I am a dedicated clinician currently working in private practice as well as in a public hospital on a sessional basis. I am a researcher with a number of publications on various subjects including a PhD and a Masters Degree. I enjoy teaching and training. I strive to constantly develop my own skills and knowledge through courses, networking and academic work. I embrace teamwork and enjoy the development of top-quality services for women through implementation of updated policies and undertaking audits. I have experience working in low- and high-resource settings in various cultural environments (Ukraine, Sweden, Australia and South Africa), which helps me to stay open-minded and patient meanwhile aiming at excellence. I believe that each and every person can make a difference.

QUALIFICATIONS

FRANZCOG	2011	Fellowship of Australian College of Obstetricians & Gynaecologists
MRCOG	2007	Membership of Royal College of Obstetricians and Gynaecologist (UK)
MM	2007	Master of Medicine by research University of Sydney, Australia
PhD	2003	National Medical University, Kiev, Ukraine
Medical Degree	1998	National Medical University, Kiev, Ukraine
Matric	1992	Natural Science Lyceum, Kiev, Ukraine (GPA 4.96 out of 5.0 - Silver Medal)



EMPLOYMENT

Gynaecologist & Endoscopic Surgeon	April 2015 – current	Mediclinic Cape Town Oranjezicht, Cape Town
Urogynaecologist <i>(16 hours per week)</i>	April 2015 - current	Groote Schuur Hospital University of Cape Town
Clinical Head & Lecturer	Aug 2012- April 2015	Department of Obstetrics and Gynaecology, Frere Hospital, East London
Consultant & Lecturer	July 2011- July 2012	Department of Obstetrics and Gynaecology Walter Sisulu University, East London, South Africa
Fellow	January 2009January 2011	Department of Obstetrics and Gynaecology, Royal Prince Alfred Hospital Sydney, Australia
Registrar	January 2007January 2009	East London Hospital Complex (Frere and Cecilia Makiwane Hospitals). East London, South Africa
	August 2006- February 2007	Canterbury Hospital, Sydney, Australia (2 nd level hospital rotation)
	January 2006August 2006	Royal Darwin Hospital, Darwin, Australia (Rural Rotation)
	January 2005- January 2006	Royal Prince Alfred Hospital, Sydney, Australia
Streamed Resident Medical Officer	July 2004 – January 2005	Royal Hospital for Women, Sydney, Australia
Resident Medical Officer	January 2003 – July 2004	Royal Prince Alfred Hospital, Sydney, Australia
		<ul style="list-style-type: none">• Casualty (30 weeks)• ICU (10 weeks)• Obstetrics and Gynaecology (10 weeks)• Urology (2 weeks)• Vascular Surgery (2 weeks)• Geriatrics (2 weeks)• Plastic Surgery (2 weeks)



Research Fellow	June 2002 - July 2003 <i>(full-time)</i>	Department of Obstetrics and Gynaecology University of Sydney, Australia
	July 2003 - January 2007 <i>(part-time)</i>	
Research Fellow (Swedish Institute Visby Program Scholar)	January 2001 - May 2002	Department of Obstetrics and Gynaecology Lund University Lund, Sweden
Consultant	January 2000 - January 2001	Department of Obstetrics and Gynaecology no.3, National Medical University, Kiev, Ukraine
Intern / Resident	August 1998 - January 2000	Department of Obstetrics and Gynaecology no.3, National Medical University, Kiev, Ukraine

PROFESSIONAL ACTIVITIES

INTERNATIONAL

Associate Editor	Cochrane Library Pregnancy and Childbirth Group <i>2013-Present</i>
Board Member	GONET (Global Obstetric Network) <i>2012 – Present</i>
Peer Reviewer	Cochrane Library Australian and New Zealand Journal of Obstetrics and Gynaecology BMC Women's Health Bulletin of World Health Organization Journal of Public Health and Epidemiology Journal of Clinical Medicine and Research

PROVINCIAL

Maternal Death Assessor	Eastern Cape Department of Health <i>2011- 2014</i>
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INSTITUTIONAL

Member	Postgraduate Training Committee, Walter Sisulu University <i>2012-2014</i>
Member	Operating Theatre Users committee <i>2013-2014</i>
Member	Laparoscopic training committee <i>2013-2014</i>
Member	Equipment committee <i>2012-2014</i>



DEPARTMENTAL

Organizer	In-reach surgical sub-specialty support program 2012-2014
Head	Post-graduate training committee 2012-2014
Head	Policy reviewer committee 2012-2014
Organizer	CPD meetings

MEMBERSHIPS

- South African Urogynaecology Association
- International Urogynaecology Association
- International Society of Gynaecological Endoscopists
- American Association of Gynecological Laparoscopists
- South African Society of Obstetricians and Gynaecologists
- South African Society of Reproductive Medicine and Gynaecological Endoscopy

TEACHING

CPD	Academic departmental program co-ordinator 2011-2013 Quarterly lectures for District doctors 2013-2014 Quarterly lectures at academic departmental meetings 2011-2014 ESMOE trainer – provincial courses quarterly 2011-2014
Registrars	Clinical, bed-side and surgical teaching Co-ordinator of Part 2 FCOG tutorials Lecturer Part 1 FCOG tutorials on anatomy, endocrine systems and microbiology
Interns	ESMOE trainer Clinical bed-side and surgical teaching
Students	Supervisor and program co-ordinator for Elective Students from UCT, Stellenbosch, WITS and Lund University, Sweden

COMMUNITY & OTHER ACTIVITIES

- An author of Health Column of a monthly Butterworth community newspaper *Ikamve Lase Gcuva* 2009-2014
- Bronze Medallion Surf Life Saving December 2005, life-saver Coogee Beach 2005
- Rescue Diver (PADI) August 2006



COURSES

- Pelvic Floor Ultrasound, SASOG Workshop, South Africa, Cape Town, 2014
- Laparoscopic pelvic floor surgery workshop AAGL, Cape Town, South Africa 2013
- Laparoscopic Suturing Workshop, Department of Surgery, University of Witwaterstrand, Johannesburg, South Africa 2013
- Operative hysteroscopy, Ethicon, Midrand, South Africa 2013
- Practice Made Perfect MPS / Spesnet Workshop 2013
- MPS Risk Management Workshop
- Good Clinical Practice certificate (online course) 2011
- Certificate of competence in the first trimester screening (Nuchal translucency), Fetal Medicine Foundation, UK 2010
- Fetal anomaly ultrasound workshop, Stellenbosch University, Cape town, South Africa 2008
- ESMOE (Essential skills in management of obstetric emergencies) trainers course Pretoria, South Africa 2008
- 6th Annual Research Methods Course, Effective Care Research Unit, East London, South Africa 2007
- Colposcopy Module (RANZCOG) 2006
- Obstetric US Module (RANZCOG) 2006
- Fetal Surveillance Education Program (RANZCOG) 2006
- Anatomy of complications workshop, Perth, WA 2006
- ACRRM Ultrasound Program for Rural and Remote Medical Practitioners 2006
- South Australian Neonatal Resuscitation Program 2006
- Anatomy of the female abdomen, pelvis and perineum by dissection, with application for O&G trainees 2005
- Neonatal Resuscitation workshop (Royal Prince Alfred Hospital) 2005
- Communication Skills workshop 2005
- Surgical skills workshop (RANZCOG) 2005
- Doctor's Course - Certificate in Sexual and Reproductive Health (Family Planning Association NSW) 2004
- Workshop in management of Sexual Assault, Royal North Shore Hospital 2003
- Professional Services – Committees, Admin, Teaching 2003

CONFERENCES

- Editors Meeting, Cochrane Library Pregnancy & Childbirth Group 16 & 17 March 2015
- South African Society of Obstetricians and Gynaecologists Congress 2014
- AAGL (American Association of Gynecological Laparoscopists) Annual Congress, Cape Town 2013
- Maternal Death Assessors Meeting, Department of Health, South Africa 2013
- Australian Scientific Meeting, Adelaide, Australia 2010
- FIGO, Cape Town, South Africa 2009

- FIGO, Kuala Lumpur, Malaysia 2006
- RANZCOG combined NSW/QLD annual scientific meeting, Sydney, Australia 2005
- II International Congress Urgent Issues of Infectology in Obstetrics and Gynecology, Odessa, Ukraine
- VIII Baltic Sea Conference in Obstetrics and Gynecology, Simrishamn, Sweden 2000

RESEARCH

- *Cochrane Reviews & Meta-Analysis (see publication list below)*
- *Audit of hypoxic intrapartum encephalopathy cases at Frere Hospital between 2008 and 2013* - MMed Project, supervisor of DrUnathiMbewu
- *Audit of colposcopy services at Frere Hospital, East London, South Africa 2014* – supervisor Dr Ulrike Moeller
- *Perinatal Outcomes of Preterm Infants born at Frere and Cecilia Makiwane Hospitals, East London, Eastern Cape 2009-2014* – Registrar Project, supervisor of Dr Ulrike Moeller
- *Audit of birth outcomes in overweight and obese women at Frere Hospital in 2013* – Elective Student Project Maria Strom and Sara Zackrisson-Anderson, Lund University, Sweden
- *Audit of post-caesarean sepsis at Frere Hospital in 2013* – Elective Medical Student Project Caroline Stenlander and Matilda Dehlin – Lund University, Sweden
- *Knowledge about and attitudes towards HPV vaccination among South African intern doctors, Frere and Cecilia Makiwane Hospitals, South Africa 2012* – Elective Medical Student Project StenWilhelmson and David Victorin
- *Prevalence of cervical dysplasia in women below the age of 30 in Eastern Cape, South Africa. East London Hospital Complex, South Africa 2012* – supervisor DrNondumisoMkontwana
- *Long-term Calcium Supplementation in Women at High Risk of Pre-Eclampsia: a randomized Placebo-Controlled Trial. Multi-centre trial, co-investigator at Frere Hospital, East London, South Africa 2011-*
- *“Mechanism of action of emergency contraceptive”* – Master of Medicine Research Project based at the Department of Obstetrics and Gynecology of the University of Sydney and Family Planning Association of Australia, 2002-2006
- *“Intrauterine infection in women with premature labor and late spontaneous abortion”* – PhD Research Project based at the Department of Obstetrics and Gynecology of National Medical University, Kiev, Ukraine, 1998-2002

- “*Recurrent vulvovaginal candidiasis*” – Research Project based at the Departments of Obstetrics and Gynecology of National Medical University, Kiev, Ukraine, Lund University Hospital, Sweden and Cornell University Medical College, New York, N.Y., USA as well as Department of Microbiology, Porto Medical School, Porto, Portugal, 2000-2002
- “*Perinatal complications related to genetic, infectious/inflammatory and life style factors*” – Research Project based at the Department of Obstetrics and Gynecology of Lund University Hospital, Lund, Sweden, 2001-2002

PUBLICATIONS

ORIGINAL PAPERS

1. Novikova N, Cluver C. **Interventions for treating of genital chlamydial infection in pregnancy.** Cochrane Review in progress. Cochrane Database of Systematic Reviews.
2. Novikova N, Woolcock JG. **Topical treatments for vaginal candidiasis (thrush) in pregnancy.** Cochrane Protocol in progress. Cochrane Database of Systematic Reviews.
3. Mkontwana N, Novikova N. **Oral analgesia for relieving post-caesarean pain.** **Cochrane Review.** Cochrane Database of Systematic Reviews 2015, Issue 3, CD 010450.
4. Novikova N, Cluver C, Koopmans C. **Induction of labour versus expectant management for hypertensive disorders from 34 weeks to term.** Cochrane Database of Systematic reviews 2011, Issue 8, CD009273. (Protocol).
5. Hofmeyr J, Gulmezoglu M, Novikova N. **Postpartum misoprostol for preventing maternal mortality and morbidity.** Cochrane database of Systematic Reviews 2013 Jul 15;7:CD008982.
6. Novikova N, Hofmeyr GJ, Essilfie-Appiah G. **Prophylactic versus therapeutic amnioinfusion for oligohydramnios in labour.** Cochrane Database of Systematic Reviews 2012, Issue 9. Art. No.: CD000176. DOI: 10.1002/14651858.CD000176.pub2.
7. Hofmeyr GJ, Gülmezoglu AM, Novikova N, Lawrie TA. **Postpartum misoprostol for preventing maternal mortality and morbidity.** Cochrane Database of Systematic Reviews 2011, Issue 2. Art. No.: CD008982. DOI: 10.1002/14651858.CD008982.
8. Hofmeyr GJ, Novikova N. **Perineal dilators for facilitating the second stage of labour.** Cochrane Database of Systematic Reviews 2012, Issue 11. Art. No.: CD010197. DOI: 10.1002/14651858.CD010197.
9. Novikova N, Cluver C. **Local anaesthetic nerve blocks for pain management in labour.** *Cochrane Database Syst Rev.* 2012 Apr 18;4:CD009200.
10. Hofmeyr J, Novikova N. Management of reported decreased fetal movements for improving pregnancy outcomes. *Cochrane Database Syst Rev.* 2012 Apr 18;4:CD009148.
11. Li Y, Novikova N. **Pulmonary artery flow catheters for treating pre-eclampsia.** *Cochrane Database Syst Rev* 2012 Jun 13;6:CD008882.
12. Novikova N, Hofmeyr GJ. **Tranexamic acid for reducing blood loss in the third stage of labour.** *Cochrane Review Database Syst Rev* 2010 Jul 7;7:CD007872.
13. Cluver C, Novikova N, Hofmeyr GJ, Hall DR. **Maternal position for Caesarean section.** *Cochrane Database Syst Rev.* 2013 Mar 28;3:CD007623.
14. Hofmeyr GJ, Gülmezoglu AM, Novikova N. **Maternal hydration for increasing amniotic fluid volume in oligohydramnios and normal amniotic fluid volume.** Cochrane Database



- of Systematic Reviews 2002, Issue 1. Art. No.: CD000134. DOI: 10.1002/14651858.CD000134.
15. Hofmeyr GJ, Gülmezoglu AM, **Novikova N**, Linder V, Ferreira S, Piaggio G. **MISOPROSTOL FOR PREVENTING AND TREATING POSTPARTUM HAEMORRHAGE: A SYSTEMATIC REVIEW OF MATERNAL MORTALITY AND DOSE-RELATED EFFECTS.** *Bull World Health Organ.* 2009 Sep;87(9):666-77. Review.
 16. Hofmeyr GJ, **Novikova N**, Mathai M, Shah AN. **Surgical techniques for Caesarean Section.** *Am J ObstetGynecol* 2009; Nov: 431-444. Reply *Am J Obstet Gynecol.* 2010 Apr 22.
 17. **Novikova N**, Weisberg E, Fraser IS. **Does readily available emergency contraception increase women's awareness and use?** *European Journal of Contraception and Reproductive Health Care* 2009; 14:39-45.
 18. Hofmeyr GJ, Mathai M, Shah AN, **Novikova N**. **Surgical techniques for Caesarean Section.** Cochrane Review. Cochrane Database Syst Rev. 2008 Jan 23;(1):CD004662.
 19. **Novikova N**, Weisberg E, Stanczyk F, Croxatto HB, Fraser IS. **Effectiveness of levonorgestrel emergency contraception given before and after ovulation – a pilot study.** *Contraception* 2007; 75: 112-8.
 20. Mårdh P-A, Sziller I, Tolbert V, **Novikova N**, Kristof K, Rodrigues AG, Pina-Vaz C, Martinez-de-Oliveira J. **Candida glabrata with special reference to European epidemiology. Review and presentation of new data.** *Int J GynaecolObstet* 2005, 17: 73-80.
 21. **Novikova N**, Yassievich E, Mårdh P-A. **Microscopy of stained smears of vaginal secretion in the diagnosis of recurrent vulvovaginal candidiasis.** *Int J STD AIDS* 2002; 13:318-22.
 22. **Novikova N**, Rodrigues A, Mårdh P-A. **Can the diagnosis of recurrent vulvovaginal candidosis be improved by use of vaginal lavage samples and cultures on chromogenic agar?** *Inf Dis ObstetGynecol* 2002; 10: 89-92.
 23. **Novikova N**, Mårdh P-A. **Characterisation of women assumed to suffer from recurrent vulvovaginal candidiasis.** *ActaScandObstetGynecol* 2002; 81:1047-52.
 24. Mårdh P-A, **Novikova N**, Stukalova E. **Colonization by Candida of extragenital sites in cases of recurrent vulvovaginal candidiasis.** *Br J ObstetGynaecol*, 2003, 110: 934-7.
 25. Mårdh P-A, **Novikova N**, Niklasson N, Bekassy Z, Skude G. **Leukocyte esterase activity in vaginal fluid of pregnant and non-pregnant women with vaginitis/vaginosis and in controls.** *Inf Dis ObstetGynecol*, 2003, 11: 19-26.
 26. Mårdh P-A, **Novikova N**, Witkin SS, Korneeva I, Rodrigues AR. **Detection of candida by polymerase chain reaction vs microscopy and culture in women diagnosed as recurrent vulvovaginal cases.** *Int J STD AIDS* 2003, 14: 753-6.
 27. **Novikova N**, Rudenko A, Kruglikov V. **Urogenital infections as the main cause of prematurity.** *Pediatrics, Obstetrics, Gynecology* 2000; 6:105-7. **Новікова Н** Урогенитальні інфекції і преждевременно роды 2000; 6:105-7.
 28. Golota V, Stukalova E, **Novikova N**. **Candibene in the therapy of genital candidosis in pregnant women.** *Woman's health* 2000; 6:21-23. **Кандибенедлялечениягенитального кандидиоза у беременных. Женское здоровье** 2001; 6: 21-23.
 29. **Новікова НВ.** **Внутрішньоутробне інфікування плоду та невиношування вагітності.** **Актуальные вопросы биологии и медицины** 2000; 2: 193-200. **Novikova N.** **Congenital infection and spontaneous late abortions.** *Actual Subjects of Biology and Medicine* 2000; 2: 193-200.

30. Mårdh P-A, Novikova N. Impact of Chlamydia infections on pregnancy outcome, perinatal health and long-term sequelae of offsprings – a review of novel studies and reappraisal of earlier data. *It J GynaecolObstet* 2000; 4:145-53.
31. Mårdh P-A, Novikova N. Chlamydia trachomatis infections – a major concern for reproductive health. Where do we stand regarding epidemiology, pathogenesis, diagnosis and therapy? *Eur J Contraceptive Reprod Health Care* 2001; 6:115-26.
32. Mårdh P-A, Rodrigues A, Genc M, Novikova N, Martinez-de-Oliviera J, Guashino S. Facts and myths on recurrent vulvovaginal candidiasis - a review of epidemiology, pathogenesis, diagnosis and therapy. *Int J STD AIDS*. 2002; 13:522-39.

CASE REPORTS

33. Novikova N, Chitnis M, Linder V, Hofmeyr GJ. Atypical antipsychotic (clozapine) self-poisoning in late pregnancy presenting with absent fetal heart rate variability without acidosis and delayed peristalsis in the newborn baby: a case report. *Aust N Z J ObstetGynaecol*. 2009 Aug;49(4):442-4.
34. Leyva WR, Nigussie ET, Nonkwelo R, Novikova N, Hofmeyr J. Advanced abdominal pregnancy in HIV-infected women: A case series. *SAJOG* 2011, 17(3): 80-81.

CONFERENCE PAPERS - ORAL PRESENTATIONS

35. N Novikova, J Hofmeyr. Tranexamic acid for preventing postpartum haemorrhage. SASOG, Cape Town, South Africa 2014.
36. N Novikova, N Mshweshwe, X Williams, P Moloi, M Singata, J Hofmeyr. A new method of controlled fundal pressure during the second stage of labour: Randomized pilot study. FIGO, Cape town, South Africa, October 2009.
37. Novikova N, Weisberg E, Fraser IS. Is the levonorgestrel emergency contraceptive pill effective when taken post-ovulation? The British International Congress of Obstetrics and Gynaecology. 4-6 July 2007. London, UK. Abstract.
38. Novikova N, Weisberg, Fraser IS. Mechanism of action of emergency contraception pill Postinor. *RANZCOG combined NSW/QLD annual scientific meeting*. 11-12 June 2005, Sydney.
39. Mårdh P-A, Novikova N, Herbst A, Christiansen G. Prevalence of *Mycoplasma hominis*, *Mycoplasma genitalium*, *Ureaplasma urealyticum* in women in the 2nd and the 3rd trimesters of pregnancy. 14th International Congress of the International Organization for Mycoplasmaology. July 7-12, 2002, Vienna. Abstract.
40. Novikova N, Stukalova E, Slonova D, Mardh P-A. Differentiation of assumed recurrent vulvovaginal candidosis being and not being confirmed by culture. 8th Congress of European Confederation of Medical Mycology. 25-27 August 2002, Budapest. Abstract. *Mycoses* 2002; 45 (Suppl. 2), p.44.
41. Novikova N, Yassievich E, Stukalova E, Niklasson O, Mårdh P-A. How correlates detection of Candida by culture studies with findings at microscopy of introital and vaginal samples of women with recurrent vulvovaginal candidosis? 8th Congress of European Confederation of Medical Mycology. 25-27 August 2002, Budapest. *Mycoses* 2002; 45 (Suppl. 2), p.44. Abstract.
42. Mårdh P-A, Novikova N, Dykes A-K, Herbst A. Prevalence of Candida in relation to vaginal flora changes during the latter part of pregnancy. 8th Congress of European

- Confederation of Medical Mycology*. 25-27 August 2002, Budapest. *Mycoses* 2002; 45 (Suppl. 2), p.38. Abstract.
43. Mårdh P-A, **Novikova N**. Recurrent vulvovaginal candidiasis – a syndrome with more than one etiology. *IntInf Dis Soc for ObstetGynecol USA, 5th Annual Meeting*, Chicago, Illinois April 27-29, 2001. Abstract, p. 27-8.
 44. **Novikova N**, Stukalova E, Genc M, Mårdh P-A. Lack of evidence of impact of behaviour factors that have been proposed to trigger attacks of RVVC in a cohort with a history of this condition. *IntInf Dis Soc for ObstetGynecol USA, 5th Annual Meeting*, Chicago, Illinois April 27-29, 2001. Abstract, p. 29-30.
 45. **Novikova N**, Yassievich E, Mårdh P-A. Epidemiology of recurrent vulvovaginalcandidosis differs by geographic location and the diagnosis. *VIII Baltic Sea Conf of ObstGyn*, May 25-27, 2001. Abstract, p.68.
 46. **Novikova N**, Rodrigues A, Pina-Vaz D, Mårdh P-A. Is improvement of the laboratory diagnosis of RVVC possible by studying introital, perianal, vaginal flushing samples and by use of CHROMagar? *VIII Baltic Sea Conf of ObstGyn*, May 25-27, 2001. Abstract, p.113.
 47. **Novikova N**, Rodrigues A, Pina-Vaz D, Mårdh P-A. What are the signs and the symptoms in women with RVVC caused by *Candida albicans* and non-albicans strains and do they differ from *Candida* culture-negative cases with a history suggestive of RVVC? *Mycoses* 2001; 44 (Suppl 1):47 Abstract.
 48. Mårdh P-A, **Novikova N**. Who are the women that present with a history suggestive of RVVC and with current symptoms mimicking an attack of the condition, but who remain unproven as genital carriers of *Candida* by culture? *Int J STD AIDS* 2001; 12 (Suppl 2): 55. Abstract.
 49. **Novikova N**, Mårdh P-A. Colonization by *Candida* of extragenital sites in cases with recurrent vulvovaginalcandidosis (RVVC). Reservoirs for recolonization of genital tract before and after therapy. *Int J STD AIDS* 2001; 12 (Suppl 2):55 Abstract.
 50. Golota V, Stukalova O, **Novikova N**. Role of urogenital infection in prematurity. *II International Congress Urgent Issues of Infectology in Obstetrics and Gynecology*, Ukrainian committee of ESIDOG, 1-2 June 2000. In Abstract book, p.63-64.
 51. **Novikova N**. Intrauterine infection in women with premature labor. *III International Congress Urgent Issues of Infectology in Obstetrics and Gynecology*, Ukrainian committee of ESIDOG, 1-2 June 2000. In Abstract book, p.102.
 52. **Novikova N**, Golota V, Rudenko A. Chlamydial and other fetal infections in miscarriage. In Abstract book of *South Baltic Sea Conf* June 16-20th, 2000, HTT Centre, Simrishamn, p.12.
 53. RudenkoAV, KruglicovVT, PolischukVE, **NovikovaNV**. The role of *Chlamydia trachomatis* in the etiology of female infertility and prematurity. *Bulletin of the Institute of Agricultural Microbiology* 2000; 7:73.



REFEREES

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